

Welcome to the premiere issue of

edible Marin & Wine Country!

It is a joy and a privilege for me to bring you this new publication. Growing up in the South, I experienced on a daily basis what I later discovered the late great food writer M.F.K. Fisher had so eloquently put into words – “There is a communion of more than our bodies when bread is broken and wine drunk.”

The mission of this magazine is to celebrate that communion – between the land, the people who work the land to produce food and wine, the people who gather that food and prepare it for our nourishment and enjoyment, and those with whom we share our table.

As the leader of the Marin County-Petaluma chapter of Slow Food since 2002, I have had the honor and pleasure of getting to know many of the farmers, ranchers, cheesemakers, shellfish growers, bakers, vintners, distillers, brew masters, chefs and other food artisans who make our region so abundantly and uniquely rich. My personal mission has always been to spread the word about these amazing people and to encourage consumers to seek them out and support their invaluable (and delicious!) work. The pages of this magazine are for me the tangible, enduring tools of this mission.

I believe that the food and wine produced here in Marin, Napa and Sonoma counties, and the people who produce them, are the finest our country, and, in fact, the world, has to offer. And, fortunately for all of us, people in our area do care deeply about their food and from whom and where it comes.

Inside this first issue you will find stories about a wide array of subjects, from how to grow the tomato of your dreams, to where to find the most delicious ice creams and gelatos made with local, sustainable ingredients, to how to use your food choices to help care for the environment. I hope you enjoy reading them as much as my fabulous team and I have enjoyed harvesting them for you. Many more to come!



Yours,

Gibson Thomas

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edible MARIN & WINE COUNTRY

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