

BEAUTIFUL BREAKFASTS

“What are you eating for breakfast?” Here are the answers given by our readers!

COMPILED BY NICOLE BARLEY



The key to making delicious scrambled eggs is to keep the heat low and cook slowly! Butter helps, too!

BREAKFAST OF CHAMPIONS

Now this is fuel for the morning! *Edible Allegheny* reader Emily Goss whipped up scrambled eggs with red pepper, with a side of apples and bananas, and a cup of coffee.



EDIBLE ART

We love coffee art, especially these drinks, “made by Jack Thearle, our roaster, who is also a fantastic barista. Both drinks are among the most popular choices of the customers who frequent La Prima,” says Shannon Fink, marketing director for La Prima Espresso Company. The rosette-patterned coffee is a latte, and the heart-topped coffee is a macchiato. Yum!



BRUNCH BUNCH

WHIRL Magazine Contributing Photographer, Rachel Stadelmeier, and I teamed up to make this soufflé with eggs, goat cheese, garlic, locally grown potatoes, and basil, picked from the pot on the windowsill. (P.S. It was delicious!)



A well-seasoned cast iron skillet is a great tool for making quiche and fritatta. We suggest adding a bit of oil to the pan to keep the eggs from sticking.

EGGS-CELLENT

Local model Will McMahon (check him out in the December issue of our publication, *WHIRL Magazine!*) emailed us photos of his quiche masterpiece, made with bacon, red pepper, onion, white cheddar, and Muenster cheese, in a cast iron skillet.

BOUNTIFUL BREAD

Edible Allegheny reader Natalie Glasser whipped up pumpkin bread, and substituted in sweet chocolate chips for the raisins that the recipe originally called for.



E·A·T
Edible Allegheny Tip

What are you whipping up for dessert? Submit your photograph and description to contest@edibleallegheny.com by December 16 for the chance to have it featured in the magazine! You can send a shot from your phone (we love Instagram pictures!) or your camera. All photos must be in high-resolution format.



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